



Raider Gram

Fairport Pop Warner Football & Cheerleading - September 3, 2009

Mark your Calendar...

Sunday, September 6th - Opening Games!
Tuesday, September 8th - Football practice at Kreg Rd.
Wednesday, September 9th - First day of school
Saturday, September 12th - Applebees Pancake Breakfast
Friday, September 25th - Casino Night

This Weeks Schedule

All Games Are Home This Week....

Sunday, September 6th

9:00 AM - Jr PeeWee Red vs. Southside
9:00 AM - Jr PeeWee White vs. Buffalo Ravens
11:00 AM - Mitey Mite White vs. Southside Cyclones
11:00 AM - PeeWee Red vs. Southside
1:00 PM - Mitey Mite Blue vs. Buffalo Ravens
1:00 PM - PeeWee White vs. Buffalo Ravens
3:00 PM - Mitey Mite Red vs. Southwest
3:00 PM - Jr Midget vs. Buffalo Ravens

All home games will be played at Martha Brown this year. Parking will be tight - Please be considerate and patient. Park only two deep on the hill and one deep along all other areas - let the rope be your guide. Do not drive past the rope. Additional parking can be found on the far end of the parking lot. THANK YOU!

Head Team Parent Report

Hi Parents,

Thank you to the many volunteers who helped out with this years Pep Rally on Thursday. And THANK YOU to Chuck Mancuso for his help and donations to the organization and pep rally. The balloon arch looked great.

Thank you for continuing to help with cleaning up the sidelines at the end of Practice. We will have to continue this once practice moves to Kreg Rd. Park as well.

This is our first Home Game Week. Please remember that Concession stands are run solely on parent volunteers. If you are scheduled to be at the concession stand this week please be mindful of your time slot. Show up a few minutes early to be assigned a "job" and this will allow the person you are relieving to watch their child's game. Thank you for your cooperation. We simply could not do this without parent involvement.

Football Players- Practice will begin Tuesdays and Thursdays At Kreg Rd. Park beginning September 8th from 6pm-8pm. Saturdays will be at Martha Brown School. The times for Saturdays practices will be determined by your individual coaches

If you have any questions, please don't hesitate to contact us!
Deanna Dake - 749-5981 dld970@yahoo.com
Nancy Chudyk - 223-9015 nchudyk@rochester.rr.com

Fund Raising News!!

3rd ANNUAL CASINO NIGHT IS RIGHT AROUND THE CORNER.....
Friday September 25th at The Green Lantern from 7:00pm-11:00pm.

Tickets will be available to purchase at our first home game this Sunday from 10:00am-2:00pm at a table near the concession stand. Ticket prices are \$80/couple or individual tickets are \$50. Ticket price includes \$500 in chips, Hors d'oeuvres and 3 hours of open bar. Looking for Casino Night Sponsors if interested please contact Jen Gaudioso at 377-9551 or fund-raiser@fairportpopwarner.com.

Cheerleaders will be hosting a Craft Show / Bake Sale Fundraiser on Saturday, Sept. 26th at the Perinton Community Center. Vendors, bakers and donations for raffle are needed. Please contact Lorie Cheer 455-5061 or loriecheer@aol.com
Pancake Breakfast Saturday at Applebees, September 12th 8am - 10am, tickets on sale next week

Photographs and Game Summary Articles:

Coaches/Team Parents please canvass your teams - We'll need somebody (1 or more) to take and submit game photographs for your team. I'd like to have somebody take pictures of the players and cheerleaders during the game from each team. These Photos (10 - 15 of them) can be reduced to a manageable size and e-mailed to sitemaster@fairportpopwarner.com. Or they can be copied to a CD and turned in to me at the beginning of each week..



We'll also need somebody to write a game summary for each contest. These articles will be included in the RaiderGram, website and submitted to the Fairport Perinton Post. The summaries should be concise and to the point due to spacing constraints. Remember, since the Mitey Mite squads are an instructional division, no scores can be reported. All articles should be sent to me for review by early Monday morning.
Thanks - Dave Hart

Quotes

Vince Lombardi - The difference between a successful person and others is not a lack of strength, not a lack of knowledge, but rather a lack of will.

Joe Paterno - Losing a game is heartbreaking. Losing your sense of excellence or worth is a tragedy.

Paul Brown - When you win, say nothing. When you lose, say less.

Glenn "Pop" Warner - You play the way you practice.

Bill Parcells - When you don't know that you don't know, it's a lot different than when you do know that you don't know.

Hey Cheerleaders...

-Don't forget to stop by our last cheer-off tonight, Thursday the 3rd at 7:45.

-If your daughter is missing her cheer patch on her uniform please let us know ASAP.

Reminders:

Thanks to all the parents for getting their girls to the practices. Please remember all practices are

MANDATORY for the three older competitive cheer squads! The teams cannot effectively practice if all the members are not there. If you will not be there, please discuss that with your coaches beforehand. Cheerleaders are also expected to be at all games... both home and away! Please be at the game 45 minutes before start time.

Girls are NOT allowed to wear any part of their uniform or the warm-ups to anything other than a Pop Warner function...i.e. they are not allowed to wear them to school! Please remember to come dressed in your full uniform (includes bodysuit) to every game and to either wear or bring both warm-up pieces! Cheer curls do not have to be worn at games. Please check your email and/or the website regularly for updated game information and practice schedules.

Thanks and keep up the good work!!

Safety Reminders:

- No jewelry allowed... this includes all earrings!
- No make-up allowed.
- No nail polish allowed & fingernails must be trimmed to the top of finger length... this will help avoid accidental scratches.
- Glasses must be secured with a sports strap... fashion straps that hang down or those with beads are not allowed.
- Hair should be up in a high ponytail.

Please make sure that the girls have sunscreen on.

Any questions, please contact Lynn Hartline, Cheer Director at 329-4418 or Terri McDonald, Assistant Cheer Director at Tmcdona5@rochester.rr.com Thanks!!



This Week in Football

Football 101

With our first game right around the corner here is some help with the terminology!

Penalty Flag!

Any violation of the rules results in a penalty and/or a loss of a down. To signal that a penalty has occurred the referee tosses a yellow flag on the field.

Illegal Procedure - Before the ball is snapped, the offensive linemen must assume a set position. If a lineman jerks his body, the offense is penalized five yards.

Encroachment (or Offside) - Occurs when a player crosses the "neutral zone" prior to the ball being snapped. This violation costs the offense five yards.

Clipping - When a player blocks an opponent from behind and below the waist, the result is a fifteen-yard penalty.

Holding - Called against any player who uses his hands or arms in an attempt to restrain an opponent moving without the ball. Holding results in a ten-yard penalty.

Interference - A player may not bump, grab, or hinder the progress of another player attempting to catch a pass. This violation may be called against an offensive or defensive player. It yields a yardage penalty or the ball is placed at the spot where the penalty occurred.

Face Mask - Occurs when a player grabs an opponent's face mask. The resulting penalty is fifteen yards, unless it is deemed unintentional, then it is only five yards.

Blitz - When defensive secondary players rush through the offensive line into the backfield to try to "sack" the quarterback.



Blocking - Offensive players use their bodies and arms as a means to impede defenders from making tackles, moving them away from the path of the ball carrier.

Bomb - A very long forward pass.

Buttonhook - Pass pattern in which the receiver runs straight ahead several yards, then quickly turns around to catch the pass.

Dead Ball - Declared by an official at the end of each down after a player has been tackled and the ball is no longer in play.

Down - The offensive sequence of plays starting from the line of scrimmage that begins with the center's snap and ends when the ball is dead.

Drive - Describes a series of downs in the offensive team's advance toward the goal.

Extra Point - After a touchdown, one point is scored for a "place kick" through the goal posts. Some leagues give two points for running or passing the ball over the goal line.

Fair Catch - On a punted ball, the punt receiver signals (by waving his hand in the air) that he will not advance the ball. This prevents the player from being tackled.

Field Goal - A place kick from the line of scrimmage that goes over the crossbar between the uprights of the opponent's goal post. Field goals are used on fourth down (when the offensive team is close to the end zone) or on any other down when time is running out. It is worth three points.

Forward Pass - A throw made from behind the line of scrimmage. If the ball is not caught, it is an incomplete pass. Once the ball has crossed the line of scrimmage a forward pass is not permitted.

Fumble - When a ball carrier drops the ball on the field. The team first to recover the ball gains possession. If the defense recovers the fumble it is a "turnover."

Grounding - The quarterback throws the ball down on the field to avoid a sack.

Hand Off - The handing of the ball to a teammate on offensive plays.

Huddle - Players gather in a circle before each down to hear instructions for the next play from the quarterback.

Interception - When a forward pass is caught by a defender. It results in a turnover.

Kicker - The player who place kicks the ball on kickoffs, field goals, and extra points.

Kickoff - A place kick in which one team kicks the ball to the other. It occurs at the start of each half and after each score.

Lateral - When a player with the ball is ahead of the line of scrimmage and tosses the ball to a teammate beside or behind him, but not in front of him.

Line of Scrimmage - It is the line along which both teams set up across on each down. The offensive team must have at least seven players on or within a foot of this line.

Neutral Zone - The one-yard area encompassing the line of scrimmage which separates the offense from the defense.

Onside Kick - On a kickoff, a team may attempt to regain possession of the ball by kicking it only a short distance forward, allowing its players a chance to recover the ball. The ball must travel at least ten yards before the kicking team can recover it.

Pass Rush - When the defensive team rushes the quarterback in an attempt to tackle him before he passes.

Place Kick - The ball is placed on the ground and held by either a teammate or a kicking tee for the kicker. It is used at the start of each half, after every score, on field goals, and on extra point attempts.

Punt - A kick taken from behind the line of scrimmage in which the ball is dropped from the kickers hands and punted before it touches the ground. Punting often occurs on fourth down after the first three downs have failed to result in a first down.

.....to be continued.

